

## Which Goddess Are You? ... Try This Quick Quiz?

There is a goddess in every woman. We all have energies within us that can be personified in the ancient Greek Goddesses who represented the entire range of female experiences. In our astrological charts, the Goddesses appear as asteroids located in different areas of the chart just as the planets. We all carry these Goddesses around with us... but which one is most active in your psyche today? Take this quick quiz and find out.

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| <p>1 At this moment, which is most valuable to you?</p> <ul style="list-style-type: none"><li>a) Spiritual growth</li><li>b) Development of sexual relationships</li><li>c) Achievement in the sports arena</li><li>d) Accelerating my career</li><li>e) Family ties</li><li>f) Partnering a powerful person</li></ul>   | <p>4 Which single quality do you look for in a man?</p> <ul style="list-style-type: none"><li>a) Spirituality</li><li>b) Passion</li><li>c) Leadership</li><li>d) Intelligence</li><li>e) Loyalty</li><li>f) Power</li></ul>   |
| <p>2 What would you do during your free time today?</p> <ul style="list-style-type: none"><li>a) Meditate in open air</li><li>b) Call my partner home for an afternoon of pleasure together</li><li>c) Try a new workout class at the gym</li><li>d) Curl up on a comfy chair and read this week's best seller</li><li>e) Experiment in the kitchen with new recipes</li><li>f) Finalise arrangements for your man's business dinner</li></ul> | <p>5 How do you prefer to spend a night out?</p> <ul style="list-style-type: none"><li>a) Quiet dinner at your favourite restaurant</li><li>b) Romantic dinner with your lover</li><li>c) Picnic in the open air</li><li>d) Group dinner with friends and workmates</li><li>e) Dinner with family or a friend in need</li><li>f) Fancy dinner where everything is impeccably arranged</li></ul>    |
| <p>3 What animal do you most identify with?</p> <ul style="list-style-type: none"><li>a) Cat</li><li>b) Dog</li><li>c) Tiger</li><li>d) Owl</li><li>e) Horse</li><li>f) Eagle</li></ul>  | <p>6 What is your ideal holiday?</p> <ul style="list-style-type: none"><li>a) Spa treatment with meditation and yoga</li><li>b) Deserted island with your lover</li><li>c) Mountain climbing to push you to the limit</li><li>d) Anywhere, as long as you can relax</li><li>e) Tour group to visit historic sights</li><li>f) Rome, Paris, New York and all the art galleries in between</li></ul> |

Look through your answers and see which letter you chose most. If you chose mostly

- a) You are Persephone
- b) You are Aphrodite
- c) You are Artemis
- d) You are Athena
- e) You are Demeter
- f) You are Hera

Read the profiles overleaf for the goddesses who are operating within you right now. You may find that you automatically identify with one goddess. Her energies may be more in tune with your personal make up. However, the other goddesses' energies can be activated within you at this particular time for a reason. It is worth examining your current situation and asking yourself if you now identify with one goddess more than another.

Be honest with yourself. The goddesses represent different energies... there is not one goddess who is "better" or "more evolved" than the other. They offer archetypes (or models) for every female experience. Perhaps none of the answers appealed to you. You may be dealing with the shadow aspect of each goddess (and yourself!) and there's nothing wrong with that now. Just remember not to live in the shadow, come out into the light!

*Continued over...*

## Persephone

Persephone who is Demeter's daughter was abducted by Hades and taken into the Underworld where she rules as Queen for 6 months. For the other 6 months of the year, she is allowed out into the world much to the joy of her mother.

Persephone is the goddess of feeling. She is in tune with deepest and darkest secrets as she is familiar with the hidden realms of the Underworld. She appears solitary at times although she is actually strongly connected to the Spirit World. Her energy can feel protective or perhaps even seclusive, so she is often misunderstood. She is suited to careers in counselling, writing, palliative care, healing or any medical profession. When her shadow is expressed, she can be overly sensitive, unrealistic, whimsical and out of touch.

## Aphrodite

The Venusian woman (Venus is the Roman name for the Greek Aphrodite) is the epitome of femininity, beauty and charm. To her, sex and sexual relations are sacred. She is most comfortable amongst beautiful surroundings as she delights in the gratification of the senses. She is also the ultimate partner in a relationship. Highly aware of the other's needs, she likes bringing people together... no one must be left out! She has a natural eye for balance and beauty and is often an art-lover. At work, Venus is the designer, make up artist, party hostess, interior decorator. When her shadow arises, she can be possessive, lazy, vain, self absorbed and a slave to fashion (yes, she is in all of us!).

## Artemis

Artemis is the out-doorsy type of goddess. She loves fresh air and the rugged lifestyle. Challenges are encouraged and welcome to this goddess. Camping and sports are right up her alley and she plays by her own rules. She likes groups although she is competitive especially in the sporting arena. Artemis needs her man to keep up with her and she knows all about equal relationships. She is the picture of youth and energy, even well into her forties. She likes careers that involve groups or the community or careers that take her to the cutting edge of her profession. When she comes on too strong, she can be a perfectionist, or obsessive with too much aggression that lead to feelings of frustration.

## Athena

Athena is the goddess who carries many characteristics that we have come to associate with men. She is the strategist, the decision maker, the organiser. She uses her intellect and cool logic to overcome all situations. Emotions are always kept under check as she keeps her head in a crisis. The Athenian woman is not afraid of confrontation as she meets it head-on. She can argue in a reasonable, analytical way and she sees truth for what it really is. She is the ever-elusive woman who men want to possess, gain control of and admire. Yet, men are intimidated by her ready wit and fearless manner. Here is the woman who sits at the head of the board room, the CEO, the politician or academic. We all know her and her achievements. What we don't know is she is secretly the over-achiever, the controller and manipulator... we all want Athena on our side!

## Demeter

Demeter is the Earth Mother. She is the caring, protective goddess who keeps the meals warm, the beds comfy and the family together. As Demeter nurtured the Earth and all that grows in it, the Demeter woman nurtures her personal relationships. She is more than happy to go out of her way to look after you. She can walk into a chaotic situation and already you know that everything is going to be ok. Let Demeter take over when you feel overwhelmed by everything and watch her calmly put your life back into order. She can be your one true friend who you can count on no matter what. She likes working in any helping profession and as she is good with her hands, she can be found in craft stores, restaurants, hospitals or even schools. Like any Earth Mother, her shadow is overbearing, fussy and stubborn.

## Hera

Hera is the queen of queens. She is the wife of Zeus, the all-powerful omnipotent. Here is the goddess who is in control. She likes power and wields it very well. You will often find Hera with a very powerful partner as she needs position, authority and respect. She makes sure that she always knows the right thing to say, do, eat, serve, listen to or discard at any time. She is generous but vindictive. She is a pillar of strength, yet she cannot tolerate her own weaknesses. Hera can find herself at the centre of controversy, debates or arguments, yet she manages to maintain her dignity and poise. When Hera is stalking the shadows, she can be arrogant, haughty and aloof.

## AVETA Goddess

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