



# AVETA Goddess News

Beauty, Body, Soul Pamper Packages

Issue 12, June 2006

## AVETA GODDESS JUNE DEAL



### Workshop Offer!

Place your booking for the Spiritual Energy Workshop before July 3rd and receive a 15% discount (pay only \$107).

Or share the experience with a friend. Book for 2 persons and pay only \$240.

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### Quote... The Value of a Woman

This couldn't be said more beautifully. This is written in the Hebrew Talmud. It says:

*"Be very careful if you make a woman cry, because God counts her tears."*

*"The woman came out of a man's rib."*

*Not from his feet to be walked on.*

*Not from his head to be superior.*

*But from the side to be equal,  
under the arm to be protected,*

*and next to the heart to be loved."*

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To take advantage of this offer phone us on 0409 654 448 or contact us email: [mail@avetagoddess.com.au](mailto:mail@avetagoddess.com.au)

This newsletter is distributed every 6 weeks, unless you wish to [unsubscribe](#).

## Tune in, Goddess!

We all have our own special and unique talents: some of us are good dancers, athletes or artists. But there is one talent or ability that we all have. One thing that we are all good at: Spirituality.

We are all born conductors of Spiritual Energy.

Most people say that only the "gifted" can connect to spiritual energy. It's supposed to be a special gift that is only for the select few and the rest of us will never be able to connect the way "special" people do.

That is the biggest lie ever told!!! We were all born human beings so we were all given our equal dose of spirituality. So where is it? Why doesn't our spiritual energy help with our problems in life? What good is having it if we can't use it?

For most of us, spirituality is the kind of thing we tell ourselves we'll do later: when we have time, when our day to day lives aren't so demanding on us. It's one of those things we plan to do when we retire. But the sad truth is that we have a gift that we never bothered to open. We were all born with this amazing ability to connect to energy, to use it to create better lives for us and others. And yet, we choose not to use the gift. We leave it lying there, unwrapped, untapped, unused.

Sandra Light from Aveta Goddess will show you how to use this amazing life-changing gift that you already have with you. Explanations, exercises and tools will be provided to help you make the most of your Spiritual energy.

This Spiritual Energy workshop is going to be held on July 23<sup>rd</sup> at 16Ellis St, Prahran from 10 am - 4 pm. To register, call 0409 654 448 or visit [http://www.avetagoddess.com.au/Resources/Brochure\\_spiritual\\_energy\\_workshop.pdf](http://www.avetagoddess.com.au/Resources/Brochure_spiritual_energy_workshop.pdf)



### Goddess Tip - look like a Goddess, feel like one...

Poor posture while sitting in front of your PC causes slouching and upper back problems. While sitting at your PC, remember to pull your shoulders down and hold your shoulder blades towards each other. Lift your chest up and out like you are trying to pull your heart to the sky to ease the compression in your back. This action will lengthen and straighten your spine.

*Sit straight and proud... show the world who you are!*

## AVETA Goddess

Beauty Therapy • Body Therapy • Soul Therapy  
[www.avetagoddess.com.au](http://www.avetagoddess.com.au) • [mail@avetagoddess.com.au](mailto:mail@avetagoddess.com.au) • 0409 654 448