



AVETA Goddess News

Beauty, Body, Soul Pamper Packages

Issue 10, July 2005

AVETA GODDESS JULY DEALS



New Therapies! Body Waxing

Aveta Goddess takes pampering to new heights! We now offer mobile waxing in the comfort of your own home for your special occasion or next beach holiday!

This is a perfect gift for brides and bridesmaids as it completes the Goddess "pamper me at home and make me feel beautiful" experience - You'll love it!

Our professional beauty therapists offer waxing for eyebrows (tinting is also available), lip, chin or sides the face, underarms, half or full arm, bikini and half or full leg. Home is the perfect place for this therapy. You're in your own space, comfortable and relaxed.

You can compliment your waxing therapy with any other beauty therapy like a half hour manicure or pedicure to complete your Goddess beauty regime. Visit: www.avetagoddess.com.au for more ideas on complimentary therapies you can try.

This newsletter is distributed every 6 weeks, unless you wish to [unsubscribe](#).

Listen to your Inner Goddess

As Goddesses still bound in our human forms, we all come across obstacles and restrictions in our lives. We want to achieve our goals, have a happy relationship, change the world but too many things get in the way. When faced with obstacles, common sense tells us to simply push them away.

We have more than just common sense... we have an Inner Goddess, a voice of judgement, reason and love. We have to trust our Inner Goddess and listen to the gentle messages she gives us every day. She may be telling us that an obstacle will go away in time and we don't need to push too hard. Other times, we may be better off removing an obstacle immediately. Maybe today, our Inner Goddess wants us to just go with the flow and not push at all.

Quiet your mind and listen to your Inner Goddess. Trust her. She only wants what is best for you in the long run. Her voice rings in your heart if it is free of pride and selfish desires. She speaks to you when you quiet your mind and open your heart. What she says may not always be easy, but it will always be what's best for your Soul. Rather than work against her, work with her to bring out the best in you... the Goddess in you. You will be a Goddess in control of her own destiny.

"If your success is not on your own terms, if it looks good to the world but does not feel good in your heart, it is not success at all."

-Anna Quindlen

- ★ See our [new range of facials](#) to give your skin that great winter 'pick me up'.
- ★ We have also some great [Pamper the Bride and Groom](#) packages, perfect for the Bride who wants to look and feel like a Goddess on her special day.

★ *Clear Quartz Crystal*

Clear Quartz is a common, yet intriguing, crystal that is called the mirror of the Soul. This crystal embraces all the colours in other crystals making it perfect for psychic and meditation work, emotional healing, focusing on a goal and balancing the energy chakras. It's a great start to your crystal collection because it enhances the energy of any other crystal with it.

Carry one in your handbag or put one on your desk at work. Hold it or play around with the crystal while contemplating a problem, focusing on goals or simply to clear your mind. If any of your chakras feel vulnerable, place the Clear Quartz on the area for an energy boost or to clear any blockages.

AVETA Goddess

Beauty Therapy • Body Therapy • Soul Therapy
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