



# AVETA Goddess News

Beauty, Body, Soul Pamper Packages

Issue 11, December 2005

## AVETA GODDESS DECEMBER DEALS



### Christmas Gift Vouchers!

Remember [Aveta Goddess Vouchers for Christmas presents](http://www.avetagoddess.com.au/Goddess_Vouchers.html). Our unique brand of personalised pampering is the ideal gift for your special loved one, or even for your friend or boss who has everything.

For \$95, you can purchase a Gift Voucher that entitles the bearer to a one-hour pampering session with the therapies of his/her choice.

[www.avetagoddess.com.au/Goddess\\_Vouchers.html](http://www.avetagoddess.com.au/Goddess_Vouchers.html) give your loved one an unforgettable hour of bliss!

### One Permanent Hair Reduction Treatment FREE!

Aveta brings you an amazing limited offer! Enjoy a summer free from shaving or waxing!

Enjoy a personalised consultation and [ONE FREE SPL Treatment](#) – permanent pain free hair removal from France (valued at \$55).

Included in this great offer is a \$10 voucher from Aveta towards your next mobile treatment!

\$65 in total value offer!

[www.avetagoddess.com.au/SPL\\_Treatments.html](http://www.avetagoddess.com.au/SPL_Treatments.html)

To take advantage of any of these great offers phone us on 0409 654 448 or contact us email: [mail@avetagoddess.com.au](mailto:mail@avetagoddess.com.au)

This newsletter is distributed every 6 weeks, unless you wish to [unsubscribe](#).

## This is Your Time Goddess

Is Christmas coming already? Where did the year go?

Goddess, at this time of the year do you always find yourself wondering where time has gone? We get caught up in our work and day to day lives that we barely notice the months flipping by.

Yet, not all of us can say that we are really living the life we want to live. How many of us dream of the day when we can really do what we want to do (whatever that is)? How many of us are waiting for the "right time" to pursue our dreams? How many of us are waiting for something to happen before we get our act together?

Time will not wait for you, Goddess. Time is here to help us measure our age, our experiences, our lives. Time can be your greatest ally or your worst enemy.

So stop watching the years roll on and waiting for things to happen. Rather, take control of your own life. Make things happen. Only you know what your deepest dreams are. Only you can turn those dreams into reality. Only you can make your life more fulfilling.

This is your time Goddess! Everyday presents a new chance to move closer to the life you want to live.

*"They always say time changes things, but you actually have to change them yourself."*

*Andy Warhol (1928 - 1987)*



### Goddess Tip

*If you get hot and bothered this Summer, cool down with a cucumber. Yes, the humble cucumber cools the skin and reduces swelling when applied externally. Shred one whole cucumber to make a poultice. Apply poultice on sunburnt skin or place slices of cucumber on your eyelids to reduce puffiness.*

## AVETA Goddess

Beauty Therapy • Body Therapy • Soul Therapy  
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