



AVETA Goddess News

Beauty, Body, Soul Pamper Packages

Issue 7, August 2004

AVETA GODDESS AUGUST DEALS

Goddess Tip!

The Solar Plexus Chakra, which is above the navel but below the chest, is the energy source for our personal power, social identity, influence, authority, self-control, energy, will, peace, radiance, joy, inner harmony, vitality and inner strength.

Harness the energy emanating from your Solar Plexus when you need to exercise your will. Place your palm on your Solar Plexus, close your eyes, take a few deep breaths and affirm to yourself "I can do..." Say your affirmation aloud, focus your will and you will make things happen, Goddess!

Angel Card Reading

Are you willing and courageous but in need of some guidance?

The Angel Card Readings assist you in searching for knowledge and insight into your life's journey and purpose. All the wisdom you desire resides in you. The cards draw out your own wisdom in a form that is more tangible to you. Don't grope in the dark, Goddess... bring some Light into your life!

Treat yourself and a friend to a 1-hour Angel Card Reading and pay only \$150 for both readings (a savings of \$20).

To take advantage of this great offer phone us on 0409 654 448 or contact by email:

mail@avetagoddess.com.au

This newsletter is distributed every 6 weeks, unless you wish to [unsubscribe](#).

Have Courage, Goddess!

How do you feel today, Goddess? Is the weather getting you down? It's the time of the year when winter seems to be going on forever and it's not easy to get motivated. Yet, life keeps tumbling on and whether we like it or not, we have to keep up.

Sometimes looking at the big picture helps. Here's a little tale that we hope will inspire you to meet life's challenges with courage, even when you feel the world is against you.

Quote:

The story is of a man who dreamed that he had been called before the judgement of heaven. A wagon arrived filled with white rocks, which angels placed on a large scale. "These represent the good deeds you've done in your life" one of the angels told the dreamer.

When the rocks had been weighed, another wagon arrived, this time filled with black rocks representing all the negative actions the man had done. As these rocks were weighed, the scale disclosed the awful truth: the bad deeds outweighed the good. Now the man was terrified. Would he be condemned for all eternity?

Just then, much to his surprise, a third wagon arrived filled with rocks and stones of many different colors. The man was puzzled. "What are these?" he asked.

"These represent the challenges you accepted during your life time" an angel said, placing the rocks along with the white ones from the first wagon. "Each rock is an obstacle you faced, or a difficulty you accepted and overcame."

To the man's great joy and relief, the addition of the many-colored rocks tipped the scale in his favor.

(Rav Berg, The Essential Zohar)

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Beauty Therapy • Body Therapy • Soul Therapy
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